

IMPACT REPORT: BIRTHING FAMILIES FOUNDATION

A message from our founders

Birthing Families Foundation has placed relationships and community building as the center focus since officially registering as a charity in 2020. Specifically, supporting the work of existing community organizations, recruiting doulas and volunteers, grant writing, building programming and connecting service providers have all run alongside direct service work with families.

BFF is a small core team, in service of eliminating inequities in perinatal health care and improving the quality of care for all birthing families. We strive to collaborate with existing perinatal care providers to develop more interconnected systems for quality and continuity of care, including interrupting racism in healthcare, reducing harm and trauma for birthing families and supporting inclusive education that make the reproductive health care experiences better.

2021/2022

BFF'S IMPACT SNAPSHOT

235

Postpartum hours
supporting families

46

Service providers trained
in queer and transgender
birth support

25

Families served with
birth or postpartum
support



BIRTHING
FAMILIES
FOUNDATION

Impact Statement:

As reflected in our financial report, BFF's major financial impact was supporting aligned grassroots and community organizations with partnership funding to do valuable perinatal health care work.

The Nesting Doula Collective, for example, provided childbirth education classes, trained BIPOC postpartum doulas, supported births with doula care and many hours of postpartum support for BIPOC families with partnership funding.

We are currently working with Luminaries Integrative Health, whose focus is long term healing support for survivors of sexual violence, to help the development of their online platform.

PROJECTS

DETAILS

OUTCOMES

Education

At BFF we value ongoing training and education for doulas and the community at large.

- Training sessions with the Support Network for Indigenous Women and Women of Color on disrupting racism
- Community wide training with JB from Love Over Fear on supporting Queer/Trans birthing families

Community Doula Connection Program

The Community Doula Connection Program is a year round program connecting and funding doulas to support vulnerable families.

- Built referral relationships in Victoria, Cowichan and Nanaimo
- Implemented the Collaborative Care Project on Salt Spring Island.
- Served 21 families with birth or postpartum support.

Partnerships

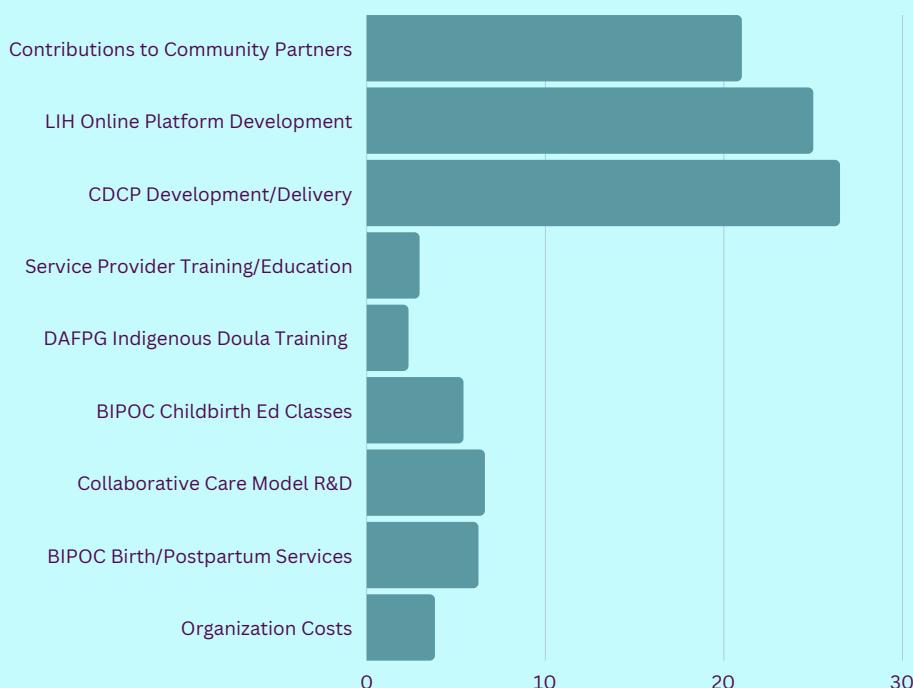
BFF is working to connect with community organizations in perinatal health care to foster a collaborative, supportive perinatal health care model.

- BFF has formed relationships with many organizations including; Islanders Working Against Violence, Herway, Luminaries Integrative Health, Victoria Native Friendship Center, Healthiest Babies Possible, Nesting Doula Collective and several Midwives.

FUNDS RAISED TO DATE

\$301,712

BFF's goals for next year includes expanding our Community Doula Connection Program, continuing collaboration with perinatal health care providers to develop a report on optimal perinatal health care strategies, grow awareness of our services across the island, develop our food security program, host training workshops and serve as many perinatal families as we can with skilled doula support.



We couldn't have done it without your generous support.



Community Donations

THANK YOU!

to all our donors and volunteers.

BFF appreciates the continued support we receive from granting organizations and the community at large to keep providing important perinatal care to our communities. We express deep gratitude for our volunteers and their commitment to serve.



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